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High-level thanks

59th Medical Wing Commander Brig. Gen. (Dr.) David Young (right) and 37th Training Wing Commander Brig. Gen. Mary Kay Hertog escort Secretary of Transportation Norman Mineta (left) shortly after he arrived at Lackland Air Force Base Jan. 25. Secretary Mineta traveled to San Antonio to thank Team Lackland members for their support of the Hurricane Katrina evacuation.

Photo by Alan

Boedecker

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Periodontics NCO sets the standard

**By Master Sgt.
Kimberly Spencer**
59th Medical Wing Public
Affairs

For many, being good at what they do would be enough, but not for someone like Staff Sgt. Katie McKeown, assistant NCO in charge of periodontics. “Good” is not good enough.

Descriptions like “star performer, role model and stand-out NCO” were just the tip of the ice berg when talking with her superiors.

“Sergeant McKeown is a very impressive NCO, proven to excel at multitasking,” said Col. Howard McDonnell, chief consultant for periodontics. “Her leadership and dependability led to her selection as our assistant NCO in charge of periodontics. She is self-motivated, conscientious and reliable.”

These same sentiments were echoed by Master Sgt. Tabitha Hendrix, the NCO in charge of periodontics.

“Sergeant McKeown is everything a NCO should be,” said Sergeant Hendrix. “Her work ethics are right on. She is very caring, dedicated and a true professional. Bottom-line, she is what every NCO should strive to become.”

Sergeant McKeown excels as a periodontal therapist and enjoys the challenge of helping



Staff Sgt. Katie McKeown sets-up the Dexter Head used for Prophylaxis Training, which teaches Airmen who are new to the periodontal career field how to properly clean teeth. The cleanings are part of all active duty personnel's annual dental requirements. The dental clinic will also provide cleanings for beneficiaries when space is available. *Photo by Master Sgt. Kimberly Spencer*

individuals who are in need of good periodontal care.

“I love helping someone who has not practiced good dental care, and showing them how wonderful their teeth can look with the proper care,” said Sergeant McKeown. “You can really change a patient’s outlook on oral health.”

Sergeant McKeown stressed the importance of good oral health.

“A lot of people don’t realize that your oral health is connected to your overall health, and good oral hygiene will strengthen your immune system,” said the periodontal specialist.

Working with patients is only one of the many tasks Sergeant McKeown takes on daily.

As well as scheduling all of the section’s referral appointments, she enters all the provider work data into the dental data system, is the on-the-job training manager, the prophylaxis course trainer and also volunteers as the physical training leader.

Sergeant McKeown’s off-duty activities often overlap with her military duties. She is currently attending Northwest Vista Community College to complete the prerequisites for Dental Hygienist school.

However, Dental Hygienist school may have to wait a bit, she said.

Sergeant McKeown recently applied to be an advanced oral hygiene instructor for the Air Force. If chosen, she plans to put civilian school on hold temporarily while teaching the AF course.

“Only 20 percent of oral hygiene course graduates complete all the necessary requirements to apply to become course instructors,” she said.

Working hard toward a goal is not unusual for Sergeant McKeown. She is currently training to run in an April marathon in Dallas, Texas.

“I want to lead by example,” said Sergeant McKeown. “I would never ask anything of my troops that I am not willing to do myself.”

She lists being a supervisor and mentoring to the younger troops as top priorities in her life.

Other top priorities include planning for her wedding in November to fiancé Tech. Sgt. John Neeley, who works at the Medina Annex, and spending time with him and his son, Justin.

“Sergeant McKeown is an outstanding role model and mentor for our younger Airmen,” said Colonel McDonnell. “Folks like her do not come around very often. She is one of our star performers with unlimited potential and one of those people you try to keep as long as possible.”

“Sergeant McKeown lives by her core values everyday, both on and off duty,” said Sergeant Hendrix, “And as busy as she is, she does it all with a smile!”

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Wing saddened at loss of Ward 9D flight commander

Members of the 59th Medical Wing mourn the loss of Lt. Col. Cheryl Howard, Ward 9D flight commander, who passed away Jan. 24.

A memorial service will be held in the hospital auditorium Friday at 10:30 a.m. All personnel are invited to attend.

If you have questions about the service or donating flowers, please contact the 759th Medical Operations Squadron at 2-6500.



Lt. Col. Cheryl Howard
1963-2006

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AEF 7/8 deployers return!

Approximately 110 59th Medical Wing personnel from Air Expeditionary Force 7 and 8 returned this week. Most of the personnel were deployed to the Air Force Theater Hospital at Balad Air Base, Iraq. Welcome back all!



Sherry Demmer (left) and Rosie Bolenbaucher (right), from Wilford Hall's trauma department, welcome Col. (Dr.) Eli Powell, 859th Surgical Operations Squadron, back from Iraq. Colonel Powell served as the hospital commander at Balad Air Base. *Photo by Sue Campbell*



Maj. (Dr.) Chris Connaughton, a surgeon in the 859th Surgical Operations Squadron, receives "Welcome Home" balloons from his wife, Karen, and their three sons, Collin, Sean, and Cade at Wilford Hall on Jan. 25. *Photo by Sue Campbell*



Maj. Chuck Isler, a psychologist in the 59th Medical Operations Squadron, is greeted by his three daughters, Hannah, Erin and Emily, and his mother-in-law, Doris Lewis. *Photo by Sue Campbell*

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International guests visit Wilford Hall

Capt. David Whitehorn, 759th Surgical Operations Squadron (right), gives a critical care air transport team briefing to 46 foreign officers during their visit to

Wilford Hall Jan. 24. The visitors were students from the Air War College International Fellows Program at Maxwell Air Force Base, Ala. The group also received a 59th Medical Wing mission briefing and toured the emergency department, refractive surgery center and birthing center. *Photo by Sue Campbell*



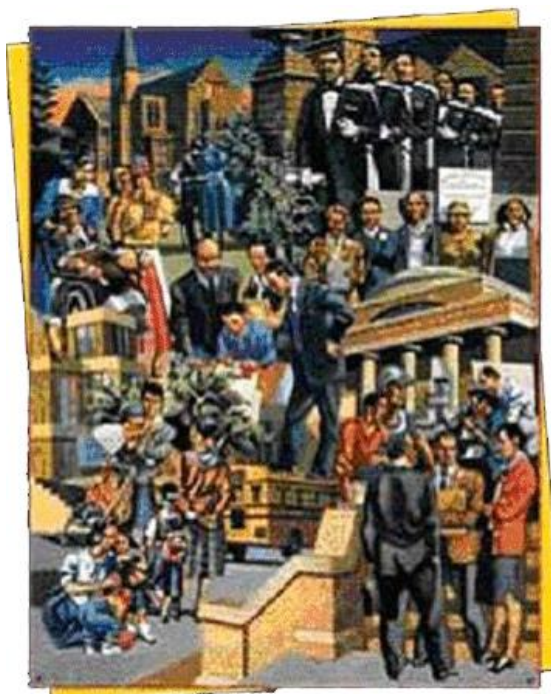
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African-American Heritage History Month kicks off at WHMC

By 2nd Lt. David Herndon
59th Medical Wing Public Affairs

The Team Lackland African American Heritage committee invites all base personnel to attend the African-American Heritage Month opening ceremony on Feb. 7 at 9 a.m. in the Wilford Hall Medical Center auditorium. The keynote speaker will be Chief Master Sgt. Terry Harford, 59th Aeromedical-Dental Group superintendent. Refreshments will be served immediately following the ceremony.

The Pan-African Congress and



National Association for the

Advancement of Colored People declared February as the month to honor black history because of the tremendous number of African-American pioneers and institutions born in this month.

The father of Black History Month is Dr. Carter G. Woodson. He received his Ph.D. from Harvard in 1912, becoming the second African-American to do so. Convinced that the role of African-American history was being ignored and misrepresented, Dr. Woodson began his quest to educate America about the accomplishments of black Americans.

In 1915 he founded the Association for the Study of Negro Life and History. The association began pressing for a “Negro History Week” as a way to explore the contributions of African-Americans to society.

This dream became reality in 1926 and in 1976, the renamed Association for the Study of Afro-American Life and History expanded Black History Week into Black History Month.

This year’s national theme is “Celebrating Community: A tribute to black fraternal, social, and civic institutions.” This theme will be incorporated at AAHC events with the Department of Defense theme “Reaching out to youth: A strategy for excellence.”

Events going on throughout the month are listed below. Contact 1st Lt. Arnold Mosley at 671-3421 with questions or to R.s.v.p. for the opening ceremony at 292-7139.

Feb. 4

Fashion Show

Arnold Hall

6 – 9 p.m.

Contact Ms. Freddie Freeman, 977-9170

Feb. 7

Opening Ceremony

Wilford Hall Auditorium

9 – 10 a.m.

Contact Lieutenant Herndon, 292-7139

Feb. 7

Children’s Storytelling

Commisary and Wilford Hall Community Development Centers

3 – 4 p.m.

Contact Staff Sgt. Johnson, 671-3423

Feb. 9

AAHC Annual Luncheon

Gateway Club

11 a.m. – 1:00 p.m.

Contact Capt. Damiani, 671-0098

Feb. 10

59 MDW Theme Meal

WHMC Dining Facility
11 a.m. – 1 p.m.
Contact Tech. Sgt. McLean, 554-7449

Feb. 11
Gospel Extravaganza
Hope Chapel
6 – 9 p.m.
Contact Ms. Shirley Jones, 671-1740

Feb. 15
AAHC Annual Knowledge Bowl
WHMC Auditorium
1 – 5 p.m.
Contact Master Sgt. Keene, 671-3592

Feb. 17
37 TRW Theme Meal
All 37 TRW Dining Facilities
11 a.m. – 1 p.m.
Contact Mr. Creel, 671-3901

Feb. 24
37 TRW Theme Meal
All 37 TRW Dining Facilities
11 a.m. – 1 p.m.
Contact Mr. Creel, 671-3901

Feb. 25
African-American Heritage Committee Banquet
Lackland Gateway Club
6 – 10 p.m.
Dress: Civilian semi-formal
Cost \$15 club members, \$17 non-members
Contact Ms. Shirley Jones, 671-1740

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Tobacco cessation program gears up for 2006

By 2nd Lt. David Herndon
59th Medical Wing Public
Affairs

Imagine what it would feel
like to quit one bad habit
and receive more than
\$140,000 over a span of 40
years?

This hypothetical situation is one that is being pushed as a realistic concept through Lackland Air Force Base Health and Wellness Center's smoking cessation programs.

"If I can get people to see how much money they can save by stopping purchases of tobacco products, it will really drive home the cessation program aims," Kathy Thomas, Team Lackland smoking cessation coordinator said.



Jim Staffan does reps on one of the resistance machines in a fitness center at Wright-Patterson Air Force Base, Ohio. At 51, Mr. Staffan said was an overweight smoker, but changed his life after becoming part of the Air Force civilian fitness program. He quit smoking and attended a health class at the health and wellness center. Since February 2005, he's lost 47 pounds and five inches off his waist. *Photo by Spencer P. Lane*

The tobacco cessation program is available through the HAWC in partnership with Wilford Hall Medical Center. It is a comprehensive eight-week program consisting of medically supervised smoking cessation therapy. Providers from Wilford Hall monitor therapy, provide teaching and support the staff of the HAWC in efforts to lead Team Lackland to a smoke-free military environment.

"According to Air Education and Training Command figures, 20 percent of active duty are still smoking here at Lackland," said Ms. Thomas. "We want this base to be 100 percent smoke-free."

All active duty personnel, along with dependents, retirees and their dependents and all Air Force civilian workers employed at Lackland AFB are eligible for the program. During each course, counseling and medication are provided to all who qualify.

Clients will receive behavior modification support groups, nicotine replacement products, information on how to adjust lifestyles and an understanding on tobacco cessation's relationship to overall wellness.

According to the participant's manual provided to those enrolled in the course, the Department of Defense has estimated that we spend over \$1,000,000,000 per year in health care costs associated with tobacco-related illnesses. It also informs students that the amount of hours spent on smoke breaks is equivalent to the personnel-hours it would take to run an average sized Air Force installation for a one year.

Another important concept that is taught to those in the course is that no matter your age, your body immediately benefits from quitting tobacco. Along with that, on average, someone who smokes a pack, or more, of cigarettes per day lives seven years less than someone who never smoked.

"The minute you decide to quit, you need to visit the HAWC," Ms. Thomas emphasized.

Smoking cessation classes are offered once a week for an eight week period at Wilford Hall. Tuesday classes are offered from 12:00 p.m. to 1:30 p.m. while Wednesday courses are slated during the hours of 8:00 a.m. to 9:30 a.m.

For those who can not make the daytime classes, an evening alternative is available. The Quit Smart cessation program, similar to the normal smoking cessation program, is a condensed, one-on-one program originally created for individuals preparing for deployments. It is now open to all and has the convenience of being intimate and portable. Quit Smart courses are located at the HAWC and begin at 5:00 p.m.

According to HAWC staff, there has been a recent push to educate our base community on the benefits of the 2006 smoking cessation programs that are gearing up.

“It’s not just your health...it is also those around you that you should be concerned with, especially when it comes to kicking the habit,” Ms. Thomas said.

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Commentary: **Four years and I'm out?**

By Staff Sgt. Christopher Tuck

379th Expeditionary Contracting Squadron

SOUTHWEST ASIA (AFPN) -- I am willing to bet every Airman has heard these words at least once in his or her career: “Four years, and I’m out.”

Maybe it’s an off-hand remark at the end of a frustrating week or after a long, thoughtful gaze at the inviting green grass on the other side. Either way, most of us have considered it.

But, somewhere along the way a change occurs. Whether the decision comes as a gradual realization or it hits you like a lightning bolt, something happens to change your mind.

Another quote you are likely to hear is: “I joined the Air Force to get money for college.” I’ve said it myself many times. The Montgomery G.I. Bill is the reason I enlisted, but not the reason I stayed.

Today’s Air Force is the most educated in history. For the enlisted, more Airmen hold associates and bachelor’s degrees today than ever before. On the officer side, master’s degrees are quickly becoming the norm. If it is knowledge you seek, the educational opportunities are there.

So, how does an Airman migrate from, “Should I stay or should I go” to a distinguished 20- or 30-year career?

It may be the feeling of being part of a trusted and honorable profession.

A Gallup poll in May 2005 asked adults nationwide how much confidence they had in a variety of professions: a great deal, quite a lot, some or very little. Seventy-four percent said they had a great deal or quite a lot of confidence in the U.S. military. That ranks higher than all other entities offered by the survey, including: the police, organized religion, the president and banks.

It may also be our accomplishments as a force.

The services people here provide more meals in one week than any one of us will consume individually in our entire lifetime. Think about that. Look at our civil engineers; in the past few weeks lodging tents have grown like mushrooms where parking lots once were.

And of course, there is always the runway. When you have a chance, watch the aircraft come and go and think about the effort required to launch and fly those sorties. All of these great things are accomplished by Air Force and coalition units, but where the rubber meets the road there is an individual giving their best effort to bake the biscuits and turn the wrenches.

We all have days where our commitment is tested, but life has a funny way of changing you. "Four years and out" was my mantra some years and one reenlistment ago. I gradually realized the Air Force offers a great way of life, job satisfaction and a sense of team absent in many civilian careers.

The decision to stay in or separate is your personal choice to make. When you find yourself straddling the fence, your motivation tested and that grass on the other side is looking awfully green, watch our jets over head and remind yourself: "I did my job today."

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Pediatric dental patients needed

The Pediatric Dental Department at Lackland Air Force Base provides drop-in dental screenings as part of their pediatric dental training program. Dental screenings will be available for all eligible military medical beneficiaries under the age of 13 from 8 to 11 a.m. Feb. 8 at the Lackland Sky Lark Community Center, Bldg. 6576. Screenings will be done in the Longhorn Room on the first floor. No appointment is necessary. Children will receive a dental screening exam, an opinion on your child's dental condition and appropriate treatment recommendations or alternatives.

Parents should bring a copy of their child's treatment plan, or referral letter from their private dentist.

Contact Col. Jeffrey Mabry at 2-3327 or Staff Sgt. Monica Williams at 2-4072 for more information.

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Commander's Action Line

I want to keep lines of communication open within our wing and for our patients and other partners. Please call the Action Line at 2-4567 with your suggestions, comments or questions about the way we do business, or send an email to 59MDW.PA@lackland.af.mil. Of course, you should always try to resolve problems first at the lowest level possible. If you leave your name, telephone number and a detailed message, you will receive a personal response to questions or complaints. A good source of information about various Air Force issues is "Air Force One Source," an information service provided in partnership with the Family Support Center. Call toll free 1-800-707-5784 24 hours a day, or access their Web site at www.airforceonesource.com.



*Brig. Gen. David Young
59th Medical Wing
commander*

Comment

A provider at Kelly Clinic referred me to Wilford Hall to see a cardiologist. He told me I should pick up my medical records from Kelly Clinic and hand-carry them to the appointment so the cardiologist could view my echocardiogram to get a better determination of what's causing my irregular heartbeat. The day of my cardiology appointment, I tried to pick up my records but the staff at Kelly Clinic's records section refused to let me check them out, offering to send them to cardiology for me by courier. I asked if they would get there in time for my appointment that afternoon and they assured me they would. However, when I arrived for my cardiology appointment, my records were not there. Needless to say, I was upset and so was the cardiology staff, because they had to give me another EKG before I could see the cardiologist. Why is it against the rules to release a patient's records for this type of situation? It caused a delay in my appointment and unnecessary work on behalf of hospital staff.

Response

Thank you for writing. According to Department of Defense regulations, health records are the property of the U.S. Government. The 59th Medical Wing records sections are charged to maintain them, ensuring they contain all associated materials (such as lab results, tests and prescriptions), and make them available to our providers to ensure the best possible medical care for our patients. The Kelly Clinic provider should not have directed you to pick up your records, but advised the clinic's record section to deliver them to cardiology before your appointment. When you arrived at the Kelly Clinic records section and discovered that your records had not been transferred, they should have given you a copy of the EKG. Patients may fill out a Release of Healthcare Information form to obtain a portion or entire copy of their medical records at any time. I know the Kelly Clinic records section works hard to provide the best possible service and I apologize for your inconvenience and frustration. We are ensuring all Kelly Clinic providers and records section personnel are aware of this error and receive proper training.

Comment

I was recently prescribed three different drugs and when I picked up my prescription up at the Wilford Hall pharmacy, I found a pamphlet about drug interaction inserted with the medication.

Things have definitely improved at the Wilford Hall pharmacy and I greatly appreciate it, because otherwise I would have had a bad reaction. Please pass along my thanks.

Response

Thank you for writing and I'm very pleased about the service you received at one of our pharmacies. I'm very proud of all our pharmacy personnel and the job they do. They work hard to provide as much information as possible about each prescription filled. This data is vital to ensure the medication is as effective as possible and minimal side effects occur. We strongly encourage our patients to carefully review all materials included with their prescriptions. I'll pass along your compliment to the pharmacy staff.

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Bulletin Board

Promotion ceremony

The 59th Medical Wing promotion ceremony will be held at 3 p.m. Jan. 31 in the Wilford Hall auditorium. Call Master Sgt. Dan Wilson at 2-6687 for more information.

Birthday celebration

The next birthday celebration will be held on Feb. 1 at the Live Oak Inn, Bldg 10810. The dinner will honor permanent party E-4s and below during their birthday month. The celebration will have entertainment and a multi-course dinner, which will feature main entrees of steak, grilled chicken or spaghetti with meat sauce. The evening's festivities will begin promptly at 7 p.m. The meal charge is in accordance with current reimbursement rates: Enlisted personnel on Subsistence in Kind - no charge, military personnel on Basic Allowance for Subsistence - \$3.55, dependents of E-1 through E-4 birthday celebrants - \$3.05, civilian guests of birthday celebrants - \$3.55. Please make your unit reservations by Jan. 27. Email your organization's reservations, including choice of individual entrée to Sylvia.Terrell@lackland.af.mil. Guests must be 12 years or older, as the function is not designed for younger individuals. If you have any questions concerning this event, contact Allen Tharp & Associates at 3-2009.

Annual awards luncheon

The 59th Medical Wing annual awards luncheon will be held at 11:30 a.m. Feb. 24 in the Gateway Club main ballroom. Tickets are \$11.20 for club members and \$13.20 for non-members and must be purchased by Feb. 13. See your unit first sergeant for tickets. Call Master Sgt. Edith Davis at 2-4308 for more information.

Individual Retirement Accounts

An Individual Retirement Account class will be held 2-4 p.m. Feb. 3 at the Family Support Center. Come and learn the difference between the traditional IRA and the Roth IRA and their long term tax advantages. Please register at <https://www.amc-ids.org/php>.

AAHC Annual Fashion Show

The African-American Heritage Committee Annual Fashion Show will be held Feb. 4 at Arnold Hall. Live entertainment and an assortment of scenes showcasing the most recent styles in urban, casual, and evening wear will be provided. Tickets are on sale now for \$10. Please contact Freddie Freeman for more information at 977-2984.

Heart Link for new spouses

An orientation class for spouses of active-duty members with less than five years of service is set for 8:30 a.m. to 2:30 p.m. Feb. 7 at the Family Support Center, Bldg 1249. Even though the target audience is new spouses, all are welcome. The aim of the program is to increase awareness of the Air force mission, customs, traditions, protocol and services. A free continental breakfast, lunch and reimbursable childcare are included. Spouses needing child care should call 3-3722 as soon as possible. Register at <https://www.amc-ids.org/php>.

Knowledge Bowl teams needed

The African-American Heritage Committee presents the 6th Annual Knowledge Bowl between the 37th Training Wing and 59th Medical Wing from 1 p.m. to 4:30 p.m. Feb. 15 in the hospital auditorium. Five to seven teams are needed from the wing. There will be five members per team with two alternates. Study material will be provided. Deadline for team registration is Jan. 20. Group superintendents and anyone interested in participating should contact Master Sgt. Ivan Keene at 3-1937.

Quarterly awards ceremony

The 59th Medical Wing Quarterly Awards Ceremony will be held Jan. 31 at 9:30 a.m. in the hospital auditorium. If you have questions contact your group superintendent, or Staff Sgt. Deanna Laufenburger at 2-7015.

Endodontics seeks patients

The MacKown Dental Clinic Endodontics Department here at Lackland is seeking patients needing root canal therapy for treatment in their Endodontic Residency Program. Applicants must be a military retiree, family member of a retiree or family member of active duty and have recently been diagnosed by a dentist with an endodontic condition requiring root canal therapy. Eligible patients should obtain a written consult from their referring dentist and fax it to 2-6431 or bring it the MacKown Dental Clinic during normal duty hours. Patients will be selected for treatment based on the needs of the endodontic training program. Call 2-7214 for more information.

DTS Traveler Training offered

The 59th Medical Wing will be using the DoD Defense Travel System in the very near future. DTS traveler training is being offered to all wing members Feb. 2 at noon and Feb. 9 and 16 at 11 a.m. in the hospital auditorium. All sessions are approximately one hour long. There is no need to sign up to attend any session. It is highly recommend personnel take advantage of this training to get familiarized with this new system. Members need to be ready when it comes time to submit TDY orders and travel vouchers. To access DTS, personnel will need a valid Common Access Card, military ID password (it can be reset at MPF customer service) and a computer CAC reader. If members do not have one, contact the computer help desk to a trouble ticket to get one. Visit <http://www.defensetravel.osd.mil/dts/site/index.jsp> for more information regarding DTS. Call Capt. Luz Maya at 2-7118 for more information.

Super Bowl Party

The Skylark Community Center will host a Super Bowl Party starting at 3 p.m. Feb. 5. Entrance is free. Food specials will be available and will include BBQ sandwiches, hot wings and draft beer. The game will be shown on the big screen TV. Participants can enjoy trivia games and a chance to win door prizes. For more information call 3-3191.

AAFES hosts NFL cheerleaders

Lackland's Main Exchange will host two Tampa Bay NFL Cheerleaders from 2 to 5 p.m. Feb. 10. The cheerleaders will be appearing in the food court area. Free posters and photos will be

available for autographing. For further details call 674-6465.

JOMMC course offered

The Defense Medical Readiness Training Institute will host the Joint Operations Medical Managers Course Feb. 26 to Mar. 3 at the Hilton San Antonio Airport Hotel. The JOMMC is open to medical officers O-4 to O-6. For course information, contact Staff Sgt. Brady at 221-9218. For registration, contact Charles Moed at 221-9143. For other course information, visit DMRTI's Web site at <http://dmrti.us>.

Soccer registration ongoing

The Lackland Youth Sports Program will hold soccer registration for children ages 5 to 17 from now to Feb. 3. The cost of the program is \$45 per youth and is open to all military and DoD personnel. Practice begins Feb. 21, with the season beginning March 11. The season ends April 8. Volunteer coaches and officials are needed. Training for coaches and officials will be provided by the Youth Center Feb. 9 to 11. For more information, contact one of the following individuals: Johnny Bailey at 3-1245 or by email at: johnny.bailey@lackland.af.mil; Juan Gonzalez at 3-2611 or by email at: juan.gonzalez3@lackland.af.mil; Ruben Rodriguez at 925-8100 or by email at: ruben.rodriguez@lackland.af.mil.

Mass Casualty Decontamination training offered

The Joint Interagency Civil Support Training Center, in partnership with the Defense Medical Readiness Training Institute is offering a Mass Casualty Decontamination Course Feb. 24 at Fort Sam Houston. The course will train the participants on both civilian and military approaches to casualty decontamination. The focus is on field and hospital decontamination, incorporating principles of site set-up and triage. There will be hands-on training utilizing personal protective equipment. For course information contact Army Staff Sgt. Christopher Phillips at 221-9231 or DSN 471-9231, or by email at chris.phillips@samhouston.army.mil. To register online go to [ATTRS, School Code 803A](#) (Military) or itsmed.com - click on registration (Civilian) or contact John Schneibel at schneibel@dix.itsmed.com at (609) 562-5300.

DMRTI hosting MMHAC Course

The Defense Medical Readiness Training Institute is hosting the Military Medical Humanitarian Assistance Course March 4 and 5, at the Hilton San Antonio Airport Hotel, San Antonio, TX. For course information, contact Army Tech. Sgt. Alex Gamez or Army Staff Sgt. Nicole Brady at 221-9128/9218, DSN: 471. For registration and other course information, visit DMRTI's Web site at <http://dmrti.us>.

Lifeguard Certification Course offered

The Lackland Pool Program will offer a Lifeguard Certification Course from 9 a.m. to 1 p.m. March 11 and 12, and 11 a.m. to 1 p.m. March 13. The three-day course is open to individuals 16 years or older and will be held at the Skylark Indoor Pool, Bldg. 6482. The course cost is \$80 per person and includes two course books. Participants must register by March 6. Call 3-2413 to register or for additional information.

DRMO closed

The Defense Reutilization Management Office will be closed and not accepting turn-ins from March 9 to April 9. Beginning March 1 custodians must hold all equipment turn-ins in their departments. A letter will be sent out to custodians when DRMO is up and running again. This does not apply to large pieces of equipment that must be removed in order to install new replacement equipment. This action should first be coordinated with the bio medical equipment technicians. For more information, contact Sylvia Fleming at 2-6415.

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